

# Evergreen Forest Nursery



Tick Policy & advice  
for parents

## **Tick Policy**

The children at Evergreen Forest Nursery are always clothed in long trousers, long sleeves and boots, the risk of them getting bitten is much reduced. However, you need to be aware that this is still a possibility, especially in the summer periods.

To reassure you the chances of finding a tick on your child are very low. A small proportion of ticks carry bacteria that cause disease (including Lyme Disease). But as Lyme Disease is a serious illness, it is important that we lower this risk as far as possible.

### What you need to do

Ensure that your child wears the appropriate clothing to nursery:

- Long sleeves
- Waterproof trousers
- Socks (long)
- Boots

### Checking for ticks

The parent of guardian who collects the child should check their child for ticks after each session. Check on their clothes (and brush any off) and on their skin, being particularly careful to check around the neck, in and behind the ears and along the hairline. At their smallest, ticks can be like a poppy seed, but can also be bigger, depending on their stage of development and how long they have been feeding. The staff at Evergreen Forest Nursery will also check children for ticks.

### What to do if you find a tick

If you find a tick attached to your child's skin, you need to remove it immediately. We have tick removal tools in our first aid bags, so ask a member of staff for help if you are still nearby. If you find the tick later on, then you need to remove it straight away, using a tick removal tool or fine tweezers.

For more information on how to remove a tick see the links below, or just search online if this document isn't to hand.

- Awareness – Public Health England – tick information including what do if you find a tick [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/694158/PHE\\_Tick\\_Leaflet.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/694158/PHE_Tick_Leaflet.pdf)
- Ticks in Britain (Lyme Disease Action) <https://www.lymediseaseaction.org.uk/wp-content/uploads/2012/10/lda004-2.pdf>